

## SOURCES OF INFORMATION ABOUT PULSE NUTRITION, HEALTH BENEFITS & PRODUCT FUNCTIONALITY

Food Research International - Special Edition on Pulse Food Functionality (*Food Research International is a journal of the Canadian Institute of Food Science and Technology*). The special issue (Volume 43 Issue 2) includes 6 review papers and 27 original scientific papers and was published in March 2010.

<http://www.sciencedirect.com/science/journal/09639969/43/2>

USA Dry Pea & Lentil Council Pulse Processing Technical Manual

<http://www.pea-lentil.com/food-industry>

Northern Pulse Growers Association Food Professional Brochures Webpage

<http://www.northernpulse.com/products/>

Northern Pulse Growers Association Pea Protein Brochure

<http://www.northernpulse.com/uploads/resources/658/pea-protein-brochure.pdf>

Northern Pulse Growers Association Pulse Flour Brochure

<http://www.northernpulse.com/uploads/resources/661/pulse-flour-brochure.pdf>

Northern Pulse Growers Association Food Service Industry Guide

<http://www.northernpulse.com/uploads/resources/659/food-service-industry-guide.pdf>

Northern Pulse Growers Association Consumer Nutrition Brochure

<http://www.northernpulse.com/uploads/resources/655/consumer-nutrition-brochure.pdf>

Northern Pulse Growers Association Pulse Baking Guide

[http://www.northernpulse.com/uploads/resources/660/baking-guide-\(usadplc\).pdf](http://www.northernpulse.com/uploads/resources/660/baking-guide-(usadplc).pdf)

Presentation on pulse milling and fractionating by Mehmet Tulbek, Northern Crops Institute

<http://www.pulsecanada.com/uploads/78/61/786198e3f71bdda9847150ab5d561bfe/Gluten-free-Pulse-milling-Wet-and-Dry-Fractionation-Applications-of-Peas-Lentils-and-Chickpeas-in-Gluten-free-Foods.pdf>

Pulse Canada "Pulse Composition & Functionality Fact Sheets" <http://www.pulsecanada.com/food-and-nutrition/composition-functionality-fact-sheets>

Pulse Canada "Pulses and the Gluten Free Diet":

<http://www.pulsecanada.com/uploads/1f/a6/1fa6427f5a4ab9155512272c53080e21/11-Jan-31-Gluten-Free-Booklet---FINAL.pdf>

Pulse Canada: innovative product development contest winners:

<http://www.pulsecanada.com/uploads/ab/73/ab733da0956051114c188af55b484a94/MI-Innovative-Products.pdf>

Pulse Canada: cooking with pulses

<http://www.pulsecanada.com/uploads/4f/3c/4f3c70cc5efe8ead7b1f1c1f052ae932/Cooking-with-Beans-Peas--Lentils-2010.pdf>

Pulse Canada: Peas, Beans, Lentils & Weight Management

[http://www.pulsecanada.com/uploads/ql/QD/qlQDMv66EA4cleeUkG4i\\_Q/PC\\_Weight.pdf](http://www.pulsecanada.com/uploads/ql/QD/qlQDMv66EA4cleeUkG4i_Q/PC_Weight.pdf)

Pulse Canada: Pulses and Cardiovascular Disease

[http://www.pulsecanada.com/uploads/d3/d7/d3d7e58af31d416344c96cd592a66622/PC\\_CVD\\_factsheet\\_FINAL.pdf](http://www.pulsecanada.com/uploads/d3/d7/d3d7e58af31d416344c96cd592a66622/PC_CVD_factsheet_FINAL.pdf)

Pulse Canada: Peas, Beans, Lentils & Cardiovascular Disease

[http://www.pulsecanada.com/uploads/ES/Sg/ESSgku49SPTSxFkFRz3RXQ/pulses\\_and\\_cardio-ENGLISH.pdf](http://www.pulsecanada.com/uploads/ES/Sg/ESSgku49SPTSxFkFRz3RXQ/pulses_and_cardio-ENGLISH.pdf)

Pulse Canada: pulses and diabetes

<http://www.pulsecanada.com/uploads/0b/3a/0b3a22137f4a95b5f9b3831ed31f7190/2009-Diabetes-sheet.pdf>

Pulse Canada "Pulse Processing, Functionality and Application Literature Review":

<http://www.pulsecanada.com/uploads/b1/d6/b1d6e08dff0a3158ad808fb1510ba86/2010-Pulse-Processing-Functionality-and-Application-Litera..pdf>